

## Frauen

Pl.	St Nr	Name	Verein	AK	JG	Pl.	Rd. 1	Rd.2	Netto-Zeit	Brutto-Zeit
1	657	Aicha Bothen	Ford	W45	1968	1	22:12	21:34	0:43:46 (1)	0:43:52
2	735	Sandra Berardo	Marathon-Team-Ketsch	W50	1964	1	23:11	23:51	0:47:02 (2)	0:47:08
3	851	Sarah Kühn	LLG Wustweiler	W30	1982	1	23:51	24:26	0:48:17 (3)	0:48:22
4	732	Silke Mertes	LV Merzig	W40	1975	1	24:08	24:30	0:48:39 (4)	0:48:45
5	795	Claire Croon		W45	1968	2	24:23	24:36	0:49:00 (5)	0:49:06
6	863	Lydia Rock	TV Rehlingen	W55	1956	1	25:04	24:37	0:49:41 (6)	0:49:51
7	831	Sigrid Müller	LG Reimsbach-Oppen	W55	1959	2	25:15	25:06	0:50:22 (7)	0:50:29
8	713	Kerstin Beenen	CEB Merzig	W35	1980	1	25:17	25:12	0:50:29 (8)	0:50:38
9	660	Sylvie Dolisy-Juric	Ford	W45	1968	3	25:08	26:56	0:52:04 (9)	0:52:11
10	767	Brigitte Nisius	TV Elm	W45	1969	4	25:25	26:58	0:52:23 (10)	0:52:27
11	801	Doris Eisenbarth	CEB Lauftreff	W55	1960	3	26:19	26:48	0:53:08 (11)	0:53:17
12	692	Anne Weber	2 run	W45	1966	5	26:56	27:25	0:54:22 (12)	0:54:29
13	712	Bianca Mangione	CEB Marathonis	W35	1979	2	26:59	27:24	0:54:24 (13)	0:54:30
14	813	Anne-Kathrin Huckert	TV Losheim	W	1990	1	27:11	29:26	0:56:37 (14)	0:56:43
15	862	Irmgard Lion	LG SHG Merzig	W55	1959	4	28:06	28:46	0:56:53 (15)	0:57:01
16	811	Nicole Gläserer	Fussballfreunde Sinz	W45	1966	6	28:18	28:47	0:57:06 (16)	0:57:16
17	721	Shenja Ruthenberg	JunOst e.V.	W30	1984	2	27:59	29:14	0:57:13 (17)	0:57:21
18	806	Nicole Auth	LAZ Saarbrücken	W45	1970	7	28:38	28:38	0:57:17 (19)	0:57:26
19	808	Nadine Rink	LAZ Saarbrücken	W30	1983	3	28:37	28:38	0:57:16 (18)	0:57:26
20	765	Sandra Altmeyer	TV 1895 Elm	W40	1974	2	27:47	29:38	0:57:26 (20)	0:57:34
21	794	Birgit Philippi	BSG Sparkasse Merzig-Wadern	W45	1969	8	28:36	28:55	0:57:31 (21)	0:57:42
22	860	Elisabeth Brausch	TV Lebach	W50	1961	2	28:38	29:45	0:58:24 (22)	0:58:30
23	841	Nadine Wolf		W35	1980	3	29:20	29:09	0:58:30 (23)	0:58:44
24	798	Waltraud Velten-Neusius	CEB-Marathonis	W50	1964	3	28:45	29:52	0:58:38 (24)	0:58:45
25	836	Margit Langenfeld		W40	1974	3	28:47	29:55	0:58:43 (25)	0:58:56
26	850	Tina Schmitt-Runco	TV Rehlingen	W40	1972	4	28:52	30:02	0:58:55 (26)	0:59:04
27	771	Tanja Mink	TV Saarwellingen	W40	1973	5	29:13	29:45	0:58:58 (27)	0:59:04
28	839	Renate Ayten		W	1992	2	29:22	30:12	0:59:34 (28)	0:59:50
29	677	Kerstin MARTIN	Ford	W40	1971	6	28:55	30:56	0:59:51 (29)	0:59:57
30	778	Jeanne Dillschneider		W	1995	3	29:55	30:19	1:00:14 (30)	1:00:25
31	751	Christina Müller	St. Nikolaus-Hospital	W	1986	4	28:55	31:26	1:00:22 (31)	1:00:31
32	746	Mirjam Sünnen	Schnell-mued Tünsdorf	W40	1974	7	29:35	30:55	1:00:31 (32)	1:00:42
33	837	Gabriele Fritz	CEB-Marathonis	W50	1965	4	30:08	31:09	1:01:17 (33)	1:01:33
34	743	Cristina Dette	SAARLAND-Versicherungen	W35	1979	4	30:06	32:20	1:02:26 (34)	1:02:34
35	849	Kerstin Ketter	CEB-Marathonis	W45	1970	9	31:29	32:16	1:03:46 (35)	1:04:00
36	711	Silvie Bies	CEB Marathonis	W55	1956	5	31:29	32:16	1:03:46 (36)	1:04:00
37	858	Waltraud Simon	TV Losheim	W55	1959	6	31:39	32:10	1:03:50 (37)	1:04:07
38	670	Gabi Kiefer	Ford	W40	1971	8	31:45	32:42	1:04:27 (38)	1:04:45
39	719	Ruth Heym	Fußballfreunde Sinz	W75	1940	1	32:45	35:48	1:08:33 (39)	1:08:51
40	769	Elke Turbing	TV Losheim	W45	1969	10	34:17	35:21	1:09:38 (41)	1:09:55
41	847	Silke Knop	Spiridon Hochwald	W45	1970	11	34:16	35:21	1:09:38 (40)	1:09:55

## Männer

Pl.	St Nr	Name	Verein	AK	JG	Pl.	Rd. 1	Rd.2	Netto-Zeit	Brutto-Zeit
1	821	Tim Könnel	TuS 06 Heltersberg	M	1994	1	16:15	16:30	0:32:45 (1)	0:32:47

Männer

Pl.	St Nr	Name	Verein	AK	JG	Pl.	Rd. 1	Rd.2	Netto-Zeit	Brutto-Zeit
2	833	Dennis Baus	LLG Wustweiler	M	1990	2	17:44	18:24	0:36:09 (2)	0:36:11
3	662	Pascal Ehre	Ford	M45	1969	1	18:41	19:34	0:38:15 (3)	0:38:17
4	674	Patrick Leidinger	Ford	M35	1977	1	19:21	19:37	0:38:59 (4)	0:39:02
5	845	Thomas Rock		M	1990	3	19:12	20:11	0:39:24 (5)	0:39:27
6	703	Merih Kibreab	BBZ Merzig	MK U12	2004	1	18:54	20:47	0:39:41 (6)	0:39:44
7	714	Jan Beenen	CEB Merzig	M35	1979	2	19:39	20:10	0:39:50 (7)	0:39:52
8	679	Cedric Moltini	Ford	M35	1979	3	19:31	20:41	0:40:13 (8)	0:40:15
9	803	Dan Stranen	LV Merzig	M50	1964	1	19:49	20:33	0:40:22 (9)	0:40:25
10	656	Thorsten Birk	Ford	M40	1974	1	20:50	20:23	0:41:13 (10)	0:41:18
11	760	Marco Becker	Time Bandits	M30	1982	1	20:48	20:29	0:41:18 (11)	0:41:20
12	678	Dominik Mittermüller	Ford	M30	1981	2	20:49	20:41	0:41:30 (12)	0:41:34
13	758	Andreas Schmidt	Team Schmidt-Schneider	M45	1967	2	20:26	21:06	0:41:32 (13)	0:41:35
14	854	Jürgen Kallenberger		M40	1975	2	20:17	21:31	0:41:48 (14)	0:41:51
15	855	Gerhard Ospelt	Team Marcus Hoffeld	M55	1958	1	20:35	21:19	0:41:55 (15)	0:41:58
16	676	Christian Ludwig	Ford	M	1987	4	20:45	21:20	0:42:05 (16)	0:42:08
17	715	Mirko Stublic	Chamäleon Rennabteilung	M45	1969	3	21:10	21:08	0:42:19 (17)	0:42:23
18	782	Michael Kraus		M35	1977	4	20:50	21:38	0:42:29 (18)	0:42:33
19	747	Bernd Fixemer	Schnell-Mued-Tünsdorf	M45	1969	4	22:00	21:25	0:43:25 (19)	0:43:30
20	772	Mohamad Abo Al Houl	Wir schaffen das	M	1994	5	20:58	22:41	0:43:39 (20)	0:43:42
21	780	Thomas Hissler		M30	1985	3	21:27	22:21	0:43:48 (21)	0:43:51
22	812	Philipp Röer	Running Gags	M40	1972	3	21:51	22:05	0:43:56 (22)	0:44:01
23	815	Burkhard Giersberg	LV Merzig	M55	1958	2	21:56	22:03	0:43:59 (23)	0:44:03
24	753	Theo Hammann	SV Wintrich	M60	1954	1	22:00	22:17	0:44:18 (24)	0:44:22
25	716	Oliver Graus	Feuerwehr Merzig	M35	1976	5	22:10	22:21	0:44:32 (25)	0:44:36
26	664	Thomas Gaasch	Ford	M35	1980	6	21:42	23:01	0:44:44 (26)	0:44:48
27	661	Werner Dorr	Ford	M50	1962	2	22:14	22:53	0:45:07 (27)	0:45:12
28	786	Thomas Muche		M50	1963	3	21:56	23:18	0:45:15 (28)	0:45:20
29	757	Frank Wagner	Team Marcus Hoffeld	M35	1977	7	22:17	22:59	0:45:17 (29)	0:45:23
30	705	Ali Mousavi	BBZ Merzig	MK U12	2004	2	20:44	24:57	0:45:42 (30)	0:45:44
31	802	Dirk Schmal	TV Losheim	M45	1969	5	21:56	24:08	0:46:05 (31)	0:46:10
32	741	Thomas Krämer	REGLER Systems GmbH	M	1986	6	22:22	23:47	0:46:10 (32)	0:46:17
33	749	Matthias Karczewski	St. Nikolaus-Hospital	M55	1959	3	22:42	23:40	0:46:23 (33)	0:46:27
34	725	Michael Ney	LAZ Saarbrücken	M40	1974	4	22:37	23:51	0:46:28 (35)	0:46:34
35	666	Santo Grasso	Ford	M45	1968	6	23:08	23:19	0:46:27 (34)	0:46:41
36	726	Bernd Johann	LG SHG Merzig	M50	1961	4	22:52	23:48	0:46:41 (36)	0:46:45
37	820	Rudolf Hoyler	Run 4 Fun Bübingen	M55	1957	4	23:28	23:26	0:46:54 (37)	0:47:00
38	829	Ronald Hollub	TV Losheim	M45	1969	7	23:01	23:57	0:46:58 (38)	0:47:04
39	783	Martin Maaß		M50	1962	5	23:28	23:33	0:47:02 (40)	0:47:09
40	853	Marco Pelzer	LT Mertesdorf 2001 e.V.	M45	1967	8	23:21	23:40	0:47:01 (39)	0:47:12
41	861	Eckhard Ollinger	Fitness Orscholz	M55	1959	5	24:19	22:55	0:47:14 (41)	0:47:27
42	827	Johannes Greis	Üwwerschwere Jachthunde Beckingen	M50	1964	6	24:19	23:01	0:47:21 (42)	0:47:32
43	826	Udo Kunkel	Üwwerschwere Jachthunde Beckingen	M45	1969	9	24:19	23:02	0:47:21 (43)	0:47:33
44	659	Serge Coscarella	Ford	M40	1971	5	22:37	24:53	0:47:31 (44)	0:47:33
45	828	Martin Kerber	OMBY Silwingen	M50	1964	7	22:50	24:44	0:47:34 (46)	0:47:38

## 10 km Hauptlauf - Männer / Frauen Wertung

### Männer

Pl.	St Nr	Name	Verein	AK	JG	Pl.	Rd. 1	Rd.2	Netto-Zeit	Brutto-Zeit
46	797	Christian Paraman		M40	1972	6	24:00	23:33	0:47:34 (45)	0:47:38
47	667	Roman Hahn	Ford	M55	1959	6	23:15	24:22	0:47:37 (47)	0:47:42
48	694	Thomas reichert	asternweg e. V	M35	1980	8	23:09	24:43	0:47:52 (49)	0:47:59
49	791	Patrick Steuer		M45	1967	10	23:41	24:06	0:47:48 (48)	0:48:05
50	736	Günter Dickmann	OMBy Silwingen	M55	1960	7	23:44	24:27	0:48:11 (52)	0:48:16
51	834	Daniel Altmaier	Bike Aid	M35	1979	9	27:00	21:06	0:48:07 (50)	0:48:19
52	799	Sebastian Lötsch	CEB Lauftreff	M	1986	7	23:58	24:17	0:48:15 (53)	0:48:20
53	810	Florian Freitag		M30	1984	4	23:59	24:10	0:48:10 (51)	0:48:22
54	663	Uwe Engstler	Ford	M45	1970	11	23:55	24:32	0:48:27 (54)	0:48:34
55	785	Martin Moroldo		M35	1978	10	24:47	23:52	0:48:40 (55)	0:48:56
56	788	Stefan Rudolph		M40	1974	7	24:08	24:50	0:48:58 (56)	0:49:05
57	759	Erwin Witt	TG Konz	M60	1953	2	24:11	25:03	0:49:14 (57)	0:49:24
58	723	Mark Bauerschmidt	LaufKOHlliegen kohlpharma	M35	1977	11	24:33	24:49	0:49:23 (58)	0:49:29
59	805	Thorsten Auth	LAZ Saarbrücken	M45	1969	12	24:08	25:26	0:49:35 (59)	0:49:43
60	859	Norbert Gasper	TV Lebach	M60	1954	3	24:11	25:28	0:49:39 (60)	0:49:46
61	655	Michael Berrens	Ford	M55	1959	8	24:18	25:21	0:49:39 (61)	0:49:47
62	779	Kevin Gangolf		M	1991	8	24:45	25:11	0:49:57 (62)	0:50:15
63	857	Gerd Fixemer	schnell-müd-Tünsdorf	M45	1968	13	25:19	24:49	0:50:08 (64)	0:50:19
64	652	Peter Baus	Ford	M55	1960	9	24:49	25:30	0:50:19 (66)	0:50:26
65	688	Reiner Tinnes	Ford	M50	1964	8	24:48	25:30	0:50:19 (65)	0:50:26
66	696	Charlie Lamest	Ballerner Schulhausquillter	M45	1967	14	26:41	23:25	0:50:06 (63)	0:50:28
67	693	Simon Weber	2 run	MJ U20	1997	1	26:56	23:40	0:50:36 (67)	0:50:44
68	832	Werner Müller	LG Reimsbach-Oppen	M55	1956	10	25:15	25:27	0:50:42 (68)	0:50:50
69	766	Markus Schmitt	TV 1895 Elm	M45	1970	15	25:06	25:39	0:50:45 (69)	0:50:55
70	817	Timo Bohr	Heimer Running	M30	1982	5	24:30	26:23	0:50:53 (71)	0:50:58
71	731	Bernhard Kleber	LV Merzig	M60	1951	4	25:13	25:38	0:50:51 (70)	0:51:00
72	825	Wolfgang Luxenburger	TV Losheim	M45	1967	16	25:26	25:30	0:50:56 (72)	0:51:08
73	846	Roland Müller	CEB-Marathonis	M55	1958	11	25:40	25:33	0:51:14 (74)	0:51:22
74	653	Thomas Becker	Ford	M50	1962	9	25:23	25:54	0:51:17 (75)	0:51:27
75	804	Kevin Ballon		M	1989	9	25:59	25:11	0:51:11 (73)	0:51:30
76	669	Mike Jochem	Ford	M45	1969	17	26:12	25:10	0:51:23 (76)	0:51:32
77	717	Markus Rübiger	Fitness Forum Mettlach	M50	1964	10	26:08	25:30	0:51:39 (77)	0:51:46
78	654	Martin Becker	Ford	M35	1976	12	26:12	25:28	0:51:41 (78)	0:51:50
79	690	Hilbert Wagner	Ford	M60	1955	5	25:25	26:18	0:51:44 (79)	0:51:54
80	793	Christof Welsch		M40	1973	8	26:46	25:01	0:51:47 (80)	0:52:04
81	796	Mathias Tritz	FSV Hilbringen	M	1986	10	25:49	26:53	0:52:43 (81)	0:52:55
82	807	Jan Schillinger		M40	1974	9	26:13	26:39	0:52:53 (84)	0:52:56
83	685	Klaus - Dieter Schreyer	Ford	M55	1956	12	26:22	26:27	0:52:49 (82)	0:53:02
84	691	Reinhard Zenner	Ford	M55	1958	13	26:21	26:29	0:52:51 (83)	0:53:04
85	740	Martin Binz	REGLER Systems GmbH	M30	1981	6	25:40	27:17	0:52:57 (86)	0:53:04
86	822	Hermann Friedrich	Stadt Merzig	M55	1959	14	26:44	26:09	0:52:54 (85)	0:53:06
87	681	Jonatan Muller	Ford	M	1987	11	26:20	26:48	0:53:08 (87)	0:53:17
88	744	Patrik Paul	SAARLAND-Versicherungen	M	1986	12	26:49	26:33	0:53:23 (88)	0:53:31
89	816	Marius Friedrich	Haus-das-Verrückte macht	M30	1981	7	26:45	26:59	0:53:44 (89)	0:53:56
90	720	Helmut Nilles	HSV-MERZIG-HILBRINGEN	M60	1952	6	26:37	27:28	0:54:06 (90)	0:54:12

Männer

Pl.	St Nr	Name	Verein	AK	JG	Pl.	Rd. 1	Rd.2	Netto-Zeit	Brutto-Zeit
91	774	Al Moutasim Bellah Khuddro	Wir schaffen das	M	1989	13	27:39	26:34	0:54:13 (91)	0:54:16
92	733	Tobias Sparmann	LV Merzig	MJ U18	1999	1	26:37	27:39	0:54:17 (92)	0:54:22
93	728	Christian Rebstock	LT Biringen	M40	1973	10	26:04	28:47	0:54:51 (93)	0:54:58
94	683	Yannik Schmidt	Ford	M	1988	14	25:25	29:41	0:55:07 (94)	0:55:17
95	734	Ralf Holbach	LV Merzig	M55	1959	15	27:19	28:27	0:55:46 (95)	0:55:57
96	790	Thomas Schäfer		M55	1960	16	28:12	27:41	0:55:54 (96)	0:56:08
97	823	Michael Poser	CEB Lauftreff	M60	1955	7	28:18	28:10	0:56:29 (97)	0:56:40
98	710	Walter Collmann	CEB - Hilbringen	M60	1951	8	28:18	28:13	0:56:31 (99)	0:56:40
99	819	Tobias Sirker	KZV SR 116	M30	1985	8	28:34	27:57	0:56:31 (98)	0:56:46
100	745	Norman Schardt	SAARLAND-Versicherungen	M30	1985	9	27:41	29:10	0:56:52 (101)	0:57:01
101	761	Herbert Thielen	Trier	M65	1948	1	28:24	28:22	0:56:47 (100)	0:57:02
102	665	Dieter Geng	Ford	M45	1966	18	27:22	29:38	0:57:01 (102)	0:57:11
103	809	Sabastian Miethke	LAZ Saarbrücken	M30	1981	10	28:34	28:41	0:57:16 (103)	0:57:27
104	724	Carsten Kohl	LaufKOHllegen kohlpharma	M40	1971	11	27:33	29:49	0:57:23 (104)	0:57:34
105	764	Peter Altmeyer	TV 1895 Elm	M40	1971	12	27:47	29:38	0:57:25 (108)	0:57:34
106	824	Sascha Wilhem	ETSW	M40	1971	13	29:23	28:02	0:57:25 (106)	0:57:40
107	844	Franz-Josef Zenner	ETSW Wilhelm Elektro	M45	1967	19	29:21	28:02	0:57:24 (105)	0:57:41
108	843	Timo Philippi		M35	1978	13	29:22	28:03	0:57:25 (107)	0:57:41
109	835	Jürgen Langenfeld		M45	1970	20	27:01	30:42	0:57:44 (109)	0:57:55
110	842	Eugen Altmeyer	BSG Sparkasse Merzig-Wadern	M55	1959	17	28:35	29:14	0:57:50 (111)	0:58:01
111	830	Peter Hoffmann	Mittelpunktläufer SV Habach	M50	1962	11	28:25	29:23	0:57:48 (110)	0:58:01
112	700	Salar Kafli	BBZ Merzig	MK U12	2004	3	31:41	26:33	0:58:15 (112)	0:58:17
113	709	Aras Shikh-Mousa	BBZ Merzig	MK U12	2004	4	31:41	26:39	0:58:20 (113)	0:58:23
114	818	Christian Finkler	Heimer Running	M30	1984	11	29:51	28:29	0:58:20 (114)	0:58:35
115	840	Carsten Port		M40	1973	14	29:21	29:10	0:58:32 (115)	0:58:46
116	777	Christian Daun		M45	1968	21	28:47	29:55	0:58:43 (116)	0:58:56
117	750	Harald Metzinger	St. Nikolaus-Hospital	M60	1954	9	30:11	28:41	0:58:52 (117)	0:59:07
118	762	Manfred Grissmer	TTF Eppelborn	M75	1939	1	29:43	29:33	0:59:16 (118)	0:59:29
119	698	Ahmad Alhakem	BBZ Merzig	MK U12	2004	5	29:17	30:40	0:59:57 (120)	1:00:00
120	742	Markus Comtesse	Running Men Saarlouis	M45	1968	22	29:02	30:46	0:59:48 (119)	1:00:00
121	789	Ingo schAAF		M45	1968	23	29:54	30:20	1:00:14 (121)	1:00:26
122	752	Wladimir Reimann	St. Nikolaus-Hospital	M40	1974	15	28:55	31:26	1:00:21 (122)	1:00:31
123	781	Christian Konietzko		M40	1973	16	30:12	30:28	1:00:41 (123)	1:00:57
124	838	Günter Fritz	CEB-Marathonis	M50	1965	12	30:08	31:09	1:01:17 (124)	1:01:33
125	852	Alois Ohsiek	TV Oberwürzbach	M75	1939	2	30:12	31:53	1:02:05 (125)	1:02:18
126	675	Jürgen Ley	Ford	M45	1970	24	31:05	32:04	1:03:10 (126)	1:03:23
127	814	Bernhard Schommer	CEB Lauftreff	M65	1950	2	28:52	34:44	1:03:36 (127)	1:03:45
128	671	Heiko Kiefer	Ford	M40	1973	17	31:43	32:44	1:04:28 (128)	1:04:47
129	856	Yannik Schleicher		M	1989	15	29:38	39:33	1:09:12 (129)	1:09:15
130	848	Thomas König	LT Mertesdorf 2001 e.V.	M45	1966	25	34:17	35:20	1:09:38 (130)	1:09:55